

Stuff To Bring packing list! You are allowed one large suitcase and two carry-on bags. More on that later in the newsletter. The weight limit is 50 lbs. for the big suitcase.

Check off the items as you pack so you don't forget anything.

___ Bible and three pens

___ Wear your *Brio* missions travel shirt when you travel to Miami on June 29. This will be mailed to you in June.

___ Passport - you can't leave the U.S. without it! Make sure your passport is valid for 6 months AFTER our trip - that's January '10.

___ Domestic Airline ticket or itinerary for E-tickets for your return flight home from Miami. We will get your ticket to Peru and have it for you in Miami.

___ A few different mix and match outfits. Remember the weather in Guatemala City will be hot and humid. We will enforce a dress code of modest shorts and appropriate tops (no spaghetti straps, tank tops or low necked tops). You'll wear your drama costume most days.

• There won't be laundry facilities available to you in Guatemala. You can always wash something out by hand. But here's what we recommend on what clothing to bring:

___ Enough underwear to have a clean pair every day without having to wash.

___ One or two pair of jeans or long pants (long pants - not capris) for work projects that can get dirty or get paint on them.

___ Eight appropriate shirts (remember – no tank tops or spaghetti straps! Keep in mind that you will be representing Jesus Christ, your family and our mission group. Dress accordingly. Plan to wear things more than once and remember you'll wear your drama costume most ministry days.

___ Pj's

___ One-piece swim suits girls (if you bring a two-piece or tankini that shows your belly, we'll ask you to wear a shirt over it)

___ One or two pair of comfortable tennis shoes. You'll wear these for the drama and work projects. They might get paint on them or get wet, so we advise two pair.

___ Modest shorts are fine for drama training in Miami and around the hotel in Guatemala City. Keep in mind you may be sitting on the floor/ground and too short is TOO SHORT. If you don't know what TOO SHORT is, sit cross-legged on the floor and ask your dad to approve of the length. Capris are also great.

Again, during most days, you'll be wearing your drama costume. The only time you'll be in shorts is during the evening and on free days. So you could easily get by with less than what we've recommended above.

Here's a great rule for international packing: Lay out everything you want to take, then only pack half of it. It really works!

- ___ **Camera. Disposables are great, but make sure your name is on it, as they all look alike. If you bring an expensive camera, just know it could be a target for theft.**
- ___ **Shampoo, hairbrush, deodorant, toothpaste and toothbrush.**
- ___ **Insect repellent.**
- ___ **Towel and washcloth. You won't need these until we get to Peru. The hotel will provide one towel a day, but you may want another. Many International hotels don't provide washcloths.**
- ___ **One pair work gloves.**
- ___ **Several pairs of latex rubber surgical gloves (can be found in many Dollar Stores)**
- ___ **One large paint brush (doesn't need to be expensive, go to a Dollar store for this. Can also bring a paint roller and pan.**
- ___ **One container of ANTI-BACTERIAL wet wipes (can be found at Walmart or most grocery stores)**
- ___ **Work clothes. Something you don't mind ruining and something that's comfortable but not too hot. This also includes a comfortable pair of old tennis shoes that you can ruin.**
- ___ **One large plastic jar of peanut butter and one large plastic jar of jelly or honey. We provide fresh bread, fruit and water for your yummy pbj lunch every day in Guatemala. (You'll CRAVE them when you get home, we promise!) PACK THESE IN ZIP LOCK BAGS. Please understand that we can't promise to accommodate vegetarian diet preferences.)**
- ___ **A few plastic knives for spreading pbj , enough to last the entire trip. PACK THESE IN YOUR CHECKED LUGGAGE.**
- ___ **Sunscreen.**
- ___ **One roll of toilet paper to keep in your backpack for ministry days (trust us!)**

- _____ One small bottle of lice ridding shampoo. You'll be shampooing children's hair that may have been exposed to lice.
- _____ Spending money (\$100-\$200). DON'T BRING TRAVELER'S CHECKS or CREDIT CARDS.
- _____ Backpack for your lunch, paintbrushes and water bottle for ministry days. This can also be a carry-on.
- _____ Water bottle.
- _____ **OPTIONAL: gifts for the children/orphans. Instead of candy (they don't always have dental care), bring things like McDonald-type toys, coloring books/crayons, balloons, bubbles, stickers, toothbrushes, small soaps/hotel shampoos, pencils and notebooks.**
- _____ **1 bottle of antibacterial hand soap (The lotion type that does not need to be used with water).**
- _____ **Girls only: Tampons or pads. Be prepared! Even though it may not be your time of the month while we're away, sometimes the stress of long-distance travel can trigger an early menstrual cycle. Be prepared. You may not be able to purchase feminine protection where we are - or if it is available, it will be very expensive.)**
- _____ **YOUR ASSIGNED DRAMA COSTUME AND PROPS (Big World will mail that to you in May).**

Makeup and Costume Essentials for the Drama:

- _____ One container of clown white makeup (girls only) Check a local costume shop for it. You can also get it online if you look for theater/costume supplies.
- _____ Black pencil eyeliner (girls only) Check the Dollar Store.
- _____ Three different colored pieces of clown make-up i.e. green, blue, yellow etc. (girls only). Can be tubes or stick.
- _____ One red lipstick (girls only)
- _____ Safety pins
- _____ Bobby pins and pony tail holders (girls)
- _____ 1 box baby wipes
- _____ Baby oil or Ponds cream for makeup removal.

—— The costume you've been assigned to make. Be creative, but follow the guidelines Big World will send you. We also have photos on our website for costume ideas and requirements (www.briomissions.com).